

Lee D. Stockner is the creator of a new, user-friendly language of music which he has parlayed into a new world of choice for people who want to learn the piano. As the President of Adaptive Learning for the World Piano Teachers Association and the author of Occupational Octaves Piano™ (a 300+ page classical piano curriculum written in the adaptive language he invented), Lee's methods are used by piano teachers, music therapists, occupational therapists, recreation therapists, special educators, and other related professionals around the world.

After teaching hundreds of students with Autism in his private practice and then training dozens of other professionals, Lee authored "Classical Piano as a Pathway to Flow States for Learners with Disabilities" (published April 2020, Traditional Medicine Research). This paper lays out a replicable system to use the complex works of Mozart, Bach, Beethoven and other classical ancestors to experience a state of flow, or a zen state, or being "in the zone." This is important because when done so correctly, the flow state leads to physical benefits and an addition to one's mental health tool kit. Results (of which there are many) include positive attributes such as the relaxing sensation of lowering of heart variability or the exciting sensation of a rise in dopamine.

With a pure focus on maximizing piano playing dreams for people with varying abilities and disabilities, Lee has dedicated his life to the power of music on both clinical and spiritual levels. He has created the world of Occupational Octaves™ from scratch, having invented the method, translated each song, written and published every book, designed how professionals can reach clinical goals at the piano, published medical research, been the feature of news stories and documentaries, and more. His approach to students combines empathy with tough love. Empathy helps him understand people's struggles and how they learn while tough love sees more in a student than they may see in themselves and provides a path towards greater goals. Lee is a person who must know that if you spend your time and energy on his products or program, you will get a maximal result if you trust in the process.

Websites/social media: <https://linktr.ee/occoctavespiano>

